



स्वस्थ परिवार, स्वस्थ संसार



PROJECT SURAKSHIT

END TERM REPORT

December 2023-March 2024

The logo for the IPE Global Centre for Knowledge and Development (CKD) features the letters 'CKD' in a stylized, rounded font. The 'C' is light blue, the 'K' is light green, and the 'D' is light blue. A small blue circle is positioned above the 'K'.

About IPE Global Centre for Knowledge and Development (CKD)

Goal: Create an alliance of engendered and mission-aligned partners to support 20 million women and girls to realise their full potential by 2040

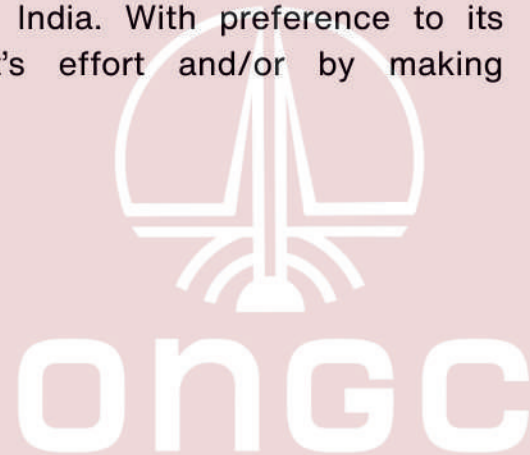
IPE Global Centre for Knowledge and Development (CKD) is a not-for-profit, knowledge-driven, community-focused, partnership-building, forward-thinking organisation. We relentlessly pursue building the agency of women, adolescents, and children by providing equitable access to health, nutrition, education, and 21st-century skills, livelihood, and employability. With a commitment to leave no one behind, our fundamental principles of diversity, equity and inclusion drive all our goals.

Our mission is to co-create sustainable, cross-disciplinary solutions that are effective and scalable. Our commitment drives us to preserve diversity and ensure equity and inclusion, keeping women and children at the centre of our focus. We make dedicated efforts to alleviate barriers to the agency of historically disadvantaged groups.

About Oil and Natural Gas Corporation Ltd (ONGC)

Vision: To support responsible and sustainable initiatives, while taking care of the concern for People, Planet and Profit

ONGC conducts its business as a responsible corporate and believes in holistically addressing all issues related to People, Planet and Profit for a sustainable business and better future for all living beings. ONGC is committed to achieve inclusive growth of the marginalized and deprived sections of the society through its CSR initiatives to be implemented within the geographical boundaries of India. With preference to its Operational Areas, by supplementing government's effort and/or by making independent efforts.



PROJECT SURAKSHIT

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Introduction to the Project

With support from **Oil and Natural Gas Corporation Ltd (ONGC)**, **Project Surakshit**, was implemented by **Centre for Knowledge and Development (CKD)**, which focused on organizing of Health Screening, eye check-up camps along with learning sessions for children (1-6 years old) with special needs in Morna, Noida, NCR. Detailed clinical assessment was done for each child with disability/neurological disorder, and a home plan was provided that included detailed activities with pictures/videos and supported by a month long follow up via 2 online sessions.

The urban slums of Morna have multiple health concerns, due to poor sanitation, lack of safe drinking water, poor ventilation, large-size families living in unhygienic conditions. The focus was on mobilizing the community to have health seeking behaviour. The project aimed to generate awareness through health camps, on importance of a healthy life, emphasizing on the need for preventive health care practices, for improved health outcomes. Therefore, the project aimed increase access to healthcare for vulnerable communities, by conducting health screening camps and distributing need-based products. The project was planned in close collaboration with the office of the Chief Medical Officer, Noida. CKD collaborated with agencies and medical experts in areas of general physical health, mental health and ophthalmology to assist with the provision of health personnel to conduct screening camps.



Key Objectives

-  To empower people with healthcare knowledge in the urban slums of Morna, Noida, and UP
-  To create awareness about eye care and provide free eye check-ups/health screening
-  Provide health screening through health camps to vulnerable populations like women and children and create awareness about health care of children with special needs
-  Provide free clinical support/services like medicines, spectacles, learning materials and establishing a follow up pathway



The Approach

Collaboration
with CMO, District Hospital, Noida

Mobilization of communities with a focus on women and girls (including senior citizens and children with special needs), to participate in the screening camps

Partnership with Expert Organisations like Healing Nest Foundation, Osvi Healthcare, Netram Foundation, and Mera Doc

Conducting Health Screening camps for the underprivileged community in Noida, Uttar Pradesh

Development and dissemination of supporting IEC material for outreach regarding the camp, supporting the camp and awareness generation

Follow up and distribution of free spectacles, Sensory Kits with the basic tools and equipment and basic medicines

Needs Assessment

A Rapid Needs Assessment was conducted in Noida to analyze the need for health screenings in the Gautam Buddha Nagar district. In-person meetings were conducted with multiple stakeholders.

The stakeholders consulted during the process were:

- Deputy Chief Medical Officer, Gautam Buddha Nagar
- District Immunization Officer, Gautam Buddha Nagar
- Medical Officer in Charge (MOIC) of UPHC Raipur
- Medical Officer in Charge (MOIC) of UPHC Hoshiyarpur
- 7 ANMs of UPHC Raipur
- ANM of Morna village (Under Urban-PHC Hoshiyarpur)
- Security In-charge of ONGC Staff Complex, Noida
- 4 support staff (security/maintenance) from the ONGC Staff Complex, Noida

A Focused Group Discussion (FGD) was conducted with the ANMs where they shared barriers to completing 100% immunization among the 0 to 6 age group. Some major concerns around health screenings that came up in the process of discussion with the officers of the District Health Department, ANMs and the MOIC were as follows:

The areas under each ANM are a mix of urban and rural areas:

There is a high migrant population in the area, a lot of service holders, construction workers etc. live in rented apartments in this area. With some migrant communities, front line health workers also face language barriers. The Health department is willing to work with partners/community based organizations to address barriers and mobilize community for health camps. The population is mobile because of which the front-line workers have to continuously orient themselves with the changing demographics.

The findings from the need assessment indicated that in areas that are semi-urban and have migratory population, there is a lack of knowledge of healthcare systems in the urban settings. Since the population is mostly from rural areas it is challenging for them to identify health services and understand where to seek medical attention. There is a need for health screening camps in such communities as it majorly constitutes of a lower economic demographic. Health screenings provide an opportunity for health education and encourage individuals to adopt healthy behavior and seek vaccination as preventive health measures.





प्रोजेक्ट सुरक्षित

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प्रोजेक्ट सुरक्षित का उद्देश्य मोरना, नोएडा, एवं यूपी की शहरी मलिन बस्तियों में स्वास्थ्य देखभाल के ज्ञान के साथ लोगों को सशक्त बनाना है। इस पहल का उद्देश्य सरकारी केंद्रों के माध्यम से स्वास्थ्य-जांच शिविर आयोजित कर आंखों का इलाज और विशेष आवश्यकता वाले बच्चों के स्वास्थ्य की देखभाल के लिए जागरूक करना है।

A Glimpse of Project Surakshit Flyer

www.ipeckd.org

आओ जाने मानसिक स्वास्थ्य समस्याओं के बारे में

परिचय:

वयस्कों की तरह बच्चे भी तनाव से प्रभावित हो सकते हैं। और इसे गलत व्यवहार समझा जा सकता है, समाज में बच्चों के विकास को लेकर हमारी समझ को बढ़ाने के लिए यह एक महत्वपूर्ण कदम है ताकि हम मानसिक विकास से जुड़ी कठिनाईयों के मुद्दों पर चर्चा करें।

बच्चों के विकास से जुड़ी चुनौतियाँ:

जब हम विकास की चुनौतियों की बात करते हैं, तो हमें यह भी देखना चाहिए कि कौन-कौन सी बातें सामान्य से हटकर हो सकती हैं और कैसे हम इसे सुधार सकते हैं। किस प्रकार के व्यवहार को स्वाभाविक माना जा सकता है और कौन से व्यवहार एक चिंता का विषय हैं, यह जानकारी होना महत्वपूर्ण है।

बच्चों में मानसिक बीमारी की मुख्य विशेषताएँ:

- वह बच्चे जो सामान्य बुद्धि होते हुए भी पढ़ाई में खराब प्रदर्शन कर रहे हैं।
- वह बच्चे जो हमेशा बेचैन रहते हैं और ध्यान नहीं दे पाते।
- वह बच्चे जो लगातार परेशानी में पड़ रहे हैं या दूसरे बच्चों से डगड़ते हैं।
- वह बच्चे जो शांत रहते हैं और खेलते नहीं हैं।
- वह बच्चे जो स्कूल जाने से इंकार करते हैं।
- वह बच्चे जो अत्यधिक दुखी, चिंतित या डरे हुए हैं।

बच्चों और किशोरों में मानसिक स्वास्थ्य समस्याएँ:

- डिप्लेक्सिया, जो सीखने की क्षमताओं को प्रभावित करता है।
- अतिसक्रियता, जहाँ बच्चे अतिसक्रिय होते हैं और उनमें ध्यान केंद्रित करने की क्षमता कम होती है।
- डिप्रेशन, जिसमें बच्चे उदास और दुखी हो जाते हैं।
- आचरण विकार, जिसमें बच्चे सामान्य से कहीं अधिक दुर्व्यवहार करते हैं।
- बिस्तर गीला करना, जिसमें बच्चे उस उम्र में बिस्तर गीला करते हैं, जब उन्हें बिस्तर गीला नहीं करना चाहिए।
- खाने की समस्याएँ, पर्याप्त आहार न लेना; भूखा रहना (एनोरेक्सिया) या अधिक खाना (बुलिमिया)



IEC materials were created to facilitate outreach and raise awareness for the health screening camp, providing the community with essential information on general health, eye health, and mental well-being. Mobilization efforts targeted key touchpoints including Anganwadis, local healthcare centers, and educational institutions.

A community mobilizer was designated to engage with various stakeholders including school teachers, Accredited Social Health Activists (ASHAs), Auxiliary Nurse Midwives (ANMs) at Anganwadi Centres, and other community members to raise awareness and mobilize participation in health screening and eye check-ups within Morna Village.

The mobilizer identified influencers within the community who were instrumental in spreading awareness for the importance of health screenings. Direct household visits were conducted to engage with community members individually, fostering a proactive attitude towards seeking healthcare. The mobilizer lead outreach through strategic distribution of Miking (audio announcements) and posters throughout the village, further amplifying awareness and participation in the health screening program.



A glimpse of Surakshit Flyer Dissemination at the Health Screening Camp and Miking (audio announcements) done for outreach and mobilization in Morna Village community

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निःशुल्क स्वास्थ्य शिविर
दिनांक: 23, 24 और 29 फरवरी 2024
शिविर स्थल : बारात घर, मोरना, नोएडा
समय : सुबह 10 बजे से दोपहर 3 बजे तक

MERADOC वैद्य OSVI Healthcare

Counselling for Children Identified with Delays in Achieving Development Milestones and Building Capacity of Caregivers and Teachers

The intervention involved:

- Screening children with developmental delays
- Conducting developmental Screening of Children aged 2 – 8 Years
- Identifying Assessing developmental delays in above-mentioned age group



Approach: Permission letters were taken from schools to have counselling for screening activities and counselling in the schools. Screening, identifying and assessing with developmental delays was done for children using Toolkits by Healing Nest Foundation (HNF) experts. Interactive sessions were done with 2–6-year-old children, maximum 8 years of age, kids up to Standard 2 were focused on in the schools. Repeated sessions with school going and non-school going children were taken to help children with counseling, and to build the capacity of caregivers and teachers to work with children with. Healing Nest Foundation (HNF) provided Individual and Group Parent training and support for severe cases.



For children identified with delays in achieving development milestones, sessions were taken at Anganwadi centers, which play a crucial role in implementing health and nutrition programs, conducting pre-school education, and ensuring community involvement in the well-being of mothers and children. The children identified with delays in achieving development milestones were provided with sensory kits to help them with brain development, enhancing memory, complex tasks and problem solving.



The kits help children with developmental delays to increase focus and participation and improve daytime social skills and communicativeness. Usage of sensory kits with customized plan for each child was given to the parents and the schools.

The schools were provided with classroom plans which the teachers were trained to integrate in their classrooms. The parents of the identified children were counselled and trained to use the homeplans provided to them in order to optimise the sensory kits

Training of Caregivers, ASHAs and Teachers



Training and sensitization of eight School Teachers, 20 ASHAs Anganwadi Centers and ANMs from 5 Aganwadi centres, caretakers and primary caregivers were trained by Healing Nest Foundation to work with special needs kids. ASHAs were trained to be touchpoints for identified special kids for the block. Classroom Integration Plans were given to the school for providing a better environment to the children.





Health Screening Camp- Morna, Noida



Eye Check-up for All Age Groups



Centre for Knowledge and Development (CKD) partnered with Healing Nest Foundation, Netram Eye Foundation, MERADOC and OSVI Healthcare and ensured specialized inputs in the health camps. Free health and eye check-up camps were organized in Morna, Noida, on 23rd, 24th and 29th February 2024. Children with special needs were also assessed, and parental guidance was given during the camp. More than 900 people went through health screening; 150 people were given free spectacles, and 150 senior citizens were given free supplements/medicines.

The AWWs, ASHAs and community leaders mobilized the community members to come for the check-ups. The school principals and teachers also participated enthusiastically. Aligned with CKD's vision, the camp prioritized women, elderly, adolescents and special needs children. It was observed that women have got health check-ups done during their pregnancy period in the past, and there has been a noticeable lapse in attending general health check-ups since that time. Women were found to have poor health seeking behavior.



Key Challenges Faced

- The health camps held in urban slums are a logistic challenge since the number of people coming for check-ups can not be controlled. Provisioning for larger number needs to be done.
- The medical teams faced challenges in completing check-ups of all the people since the teams were small
- Quality check-ups required larger medical teams and managing large group of people required more human resource for organizing and screening
- Free medicines have to be distributed to all those screened and not a certain number
- There was a need for specialists like gynaecologists, clinical psychologists as many came with these problems

Click here to view Project Surakshit Flyer created for spreading awareness among Morna Village community on general health, eye care and mental well-being



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**Project Surakshit-implemented by Centre for Knowledge and Development (CKD)
with support from ONGC**



Our Partners



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